

# AUTUMN MENU- WEEK 1

## *MONDAY*

### **Lunch**

**Cottage Pie**

**Seasonal Vegetables and Potatoes**

**Mild Chilli and Rice**

**-Home-made Sponge Pudding with Custard**

### **Tea Time**

**-Smoked Haddock Assorted Sandwiches Strawberry Mousse**

## *TUESDAY*

### **Lunch**

**Irish Stew**

**Poached Fish**

**-Home-made Sticky Toffee Pudding with Custard or Cream**

### **Tea Time**

**-Fish Cakes with Beans Assorted Sandwiches Cheesecakes**

## *WEDNESDAY*

### **Lunch**

**Chicken Casserole**

**Seasonal Vegetables and Potatoes**

**Pasta Bake**

**-Home-made Pineapple Upside Down Pudding**

### **Teatime**

**-Sweet and Sour Chicken with Rice Assorted Sandwiches Selection of Cakes**

**\*Fresh fruit, yoghurts or salad available daily with any meal \***

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## *THURSDAY*

### **Lunch**

**Ham Shanks with  
Horseradish Cream,  
Mushrooms and Peas**

**Sweet and Sour Chicken**

**-Poached Pears with  
Chocolate Sauce**

### **Tea Time**

**-Scrambled Eggs  
-Assorted Sandwiches  
Fruit Jelly and Ice Cream**

## *FRIDAY*

### **Lunch**

**Fish and Chips (Home-made  
batter)**

**Baked Fish in Breadcrumbs**

**-Bananas in Custard**

### **Tea Time**

**-Mushrooms on Toast  
-Assorted Sandwiches  
Selection of Cakes**

**\*Fresh fruit, yoghurts or  
salad available daily  
with any meal \***

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## *SATURDAY*

### **Lunch**

**Steak and Chips with  
Onion Rings**

**Egg and Chips**

**-Milk Pudding**

### **Tea Time**

**-Award-winning Pork Pie**

**-Home Made Soup**

**-Assorted Sandwiches**

**Fruit Flan with Cream**

## *SUNDAY*

### **Lunch**

**'Traditional Roast' with  
Roast Potatoes and  
Yorkshire Puddings**

**Seasonal Vegetables and  
Potatoes**

**-Home-made Apple Pie**

### **Tea Time**

**-Buffet**

**-Salmon/Prawn/Meat Salad**

**-Assorted Sandwiches**

**Home-made Trifle**

**\*Fresh fruit, yoghurts or  
salad available daily  
with any meal \***