

# AUTUMN MENU- WEEK 2

## **MONDAY**

### **Lunch**

**Steak and Ale Pie**

**Seasonal Vegetables and Potatoes**

**Scampi and Chips**

**-Home Made Sponge Pudding with Custard**

### **Tea Time**

**-Kippers/Sardines**

**-Bread and Butter**

**-Assorted Sandwiches**

**Variety of Cakes**

## **TUESDAY**

### **Lunch**

**Roast Chicken Dinner**

**Seasonal Vegetables and Potatoes**

**Lamb Curry with Rice**

**-Home-made Bread and Butter Pudding with Fresh Cream**

### **Tea Time**

**-Prawn/Cold Meat Salad**

**-Assorted Sandwiches**

**Lemon Mousse**

## **WEDNESDAY**

### **Lunch**

**Lamb Steaks/Pork Steaks**

**Seasonal Vegetables and Potatoes**

**Poached Salmon with New Potatoes**

**-Home-made Autumn Pudding with Whipped Cream**

### **Tea Time**

**-Sausage Casserole**

**-Assorted**

**Sandwiches**

**Apple Flan with Cream**

**\*Fresh fruit, yoghurts or salad available daily with any meal \***

# AUTUMN MENU- WEEK 2

## *THURSDAY*

### **Lunch**

**Gammon with Cauliflower  
Cheese and New Potatoes**

**Seasonal Vegetables and  
Potatoes**

**-Home-made Sponge  
Pudding with Custard**

### **Tea Time**

**-Cornish Pasties  
-Beans/Peas  
-Assorted Sandwiches  
Assorted Cream Cakes**

## *FRIDAY*

### **Lunch**

**Fish and Chips (Home-  
made batter)**

**Steamed or Poached Fish**

**-Home-made Lemon  
Meringue Pie with  
Custard**

### **Tea Time**

**-Scrambled Egg/Beans on  
Toast**

**-Assorted Sandwiches  
Fruit Jelly and Ice Cream**

**\*Fresh fruit, yoghurts or  
salad available daily  
with any meal \***

# AUTUMN MENU- WEEK 2

## *SATURDAY*

### **Lunch**

**'Fry Up'- Sausage, Bacon, Black pudding, Egg, Beans, Mushroom, Kidneys and Tomatoes**

**Home-made Quiche**

**-Home-made Rice Pudding**

### **Tea Time**

**-Home-made Vegetable Soup**

**-Pasta Bake**

**-Quiche**

**Lemon Meringue Cheesecake**

## *SUNDAY*

### **Lunch**

**'Traditional Roast' with Yorkshire Puddings and Roast Potatoes**

**Seasonal Vegetables and Potatoes**

**-Home-made Fruit Crumble with Custard**

### **Tea Time**

**-Salmon/Prawn/Meat Salad**

**-Assorted Sandwiches  
Home-made Trifle**

**\*Fresh fruit, yoghurts or salad available daily with any meal \***