

AUTUMN MENU- WEEK 3

MONDAY

Lunch

Shepherds Pie

Seasonal Vegetables and Potatoes

Pasta Bolognese

-Home Made Sponge Pudding with Custard

Tea Time

-Jacket Potatoes with a Choice of Filling

**-Assorted Sandwiches
Strawberry Mousse**

TUESDAY

Lunch

'Roast Dinner'

Seasonal Vegetables and Potatoes

Pasta Bolognese

-Home-made Chocolate Sponge with Chocolate Sauce

Tea Time

-Scrambled Eggs on Toast

**-Assorted Sandwiches
Cheesecakes**

WEDNESDAY

Lunch

Lancashire Hotpot

Chicken Supreme with Rice

Tea Time

**'Toad in the Hole' with -Onion Gravy
-Assorted Sandwiches
Selection of Cakes**

***Fresh fruit, yoghurts or salad available daily with any meal ***

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THURSDAY

Lunch

Poached Salmon

Seasonal Vegetables and Potatoes

-Strawberries and Cream

Tea Time

-Sausage and Mash

-Assorted Sandwiches

Fruit Jelly and Ice Cream

FRIDAY

Lunch

Fish and Chips (Home-made batter)

Fish Pie

-Fresh Fruit Salad with ice cream /cream or Arctic Roll

Tea Time

-Home-made Soup

-Pasta Bake

**-Assorted Sandwiches
Selection of Cakes**

***Fresh fruit, yoghurts or salad available daily with any meal ***

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SATURDAY

Lunch

**Home-made Quiche with
New Potatoes and Salad**

Scampi and Chips

-Home-made Rice Pudding

Tea Time

**-Corned Beef Hash
Assorted Sandwiches
Fruit Flan/Cream**

SUNDAY

Lunch

**'Traditional Roast' with
Yorkshire Puddings and
Roast Potatoes**

**Seasonal Vegetables and
Potatoes**

**-Home-made Fruit
Crumble with Custard**

Tea Time

**-Salmon/Prawn/Meat
Salad**

**-Assorted Sandwiches
Home-made Trifle**

***Fresh fruit, yoghurts or
salad available daily
with any meal ***